TOP 5 VISUALS: STEPS TO TOILETING

PRINTABLE RESOURCE

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Visual supports can assist a child to learn the steps involved in a task and in turn promote independence.

Toileting is an activity with multiple steps that may be difficult for some children to remember and sequence. Therefore, displaying a visual that shows the steps of toileting can be a permanent reminder for the child and may reduce the number of verbal prompts or adult support required for the task.

How do I use it?

While supporting a child through the different steps, educators can point along while saying the verbal prompt. For example, they will say: "Pants down, then sit on the toilet" while pointing to each image showing these steps. Prompts can be reduced over time as the child becomes more confident.

TIP:

This visual should be in a location that is easily accessible for the child and the adult, such as beside or in front of the toilets at the child's height. This makes it easier for the educator or the child to point through each step of the process.

How do I make it?

<u>Step 1:</u> Print out the visuals. <u>Step 2:</u> Cut along the marked lines to create Part A and Part B. <u>Step 3:</u> Laminate each part. <u>Step 4:</u> Attach Part A to Part B with sticky tape to create on continuous vertical visual.







Queensland Government



STEPS TO TOILETING: USING THE TOILET









Attach Part B here

PART B









