

A *First, Then* board is a two-step visual, showing a child what is currently happening and what is going to happen soon or next. It can be used to support transitions and routines.

Using visuals can support a child as they are a permanent instruction, rather than a verbal instruction that disappears.

## How do I use it?

Educators can use this visual in across their activities and routines in all spaces. When an educators provide a verbal instruction they also point to the visual. For example, “wash hands, then morning tea”. Page 3 provides example routine visuals or educators can use page 4 to create their own visuals using pictures of common activities in their classroom. Other language such as ‘this, then’, ‘now, next’

## How do I make it?

### Page 2 *First, Then* Board:

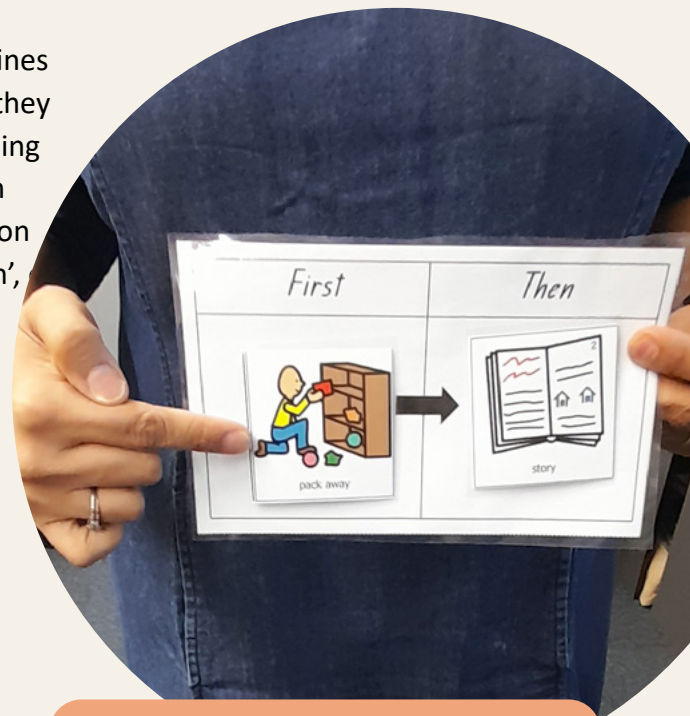
- Step 1: Cut around board.
- Step 2: Laminate the board.
- Step 3: Draw or velcro on visuals.

### Page 3 Visuals:

- Step 1: Cut around each box.
- Step 2: Laminate the visuals.
- Step 3: Add velcro to the back.

### Page 4 Template:

- Step 1: Cut around each box.
- Step 2: Add photographs of items or routines in your classroom.
- Step 3: Laminate the visuals.
- Step 4: Add velcro to the back.



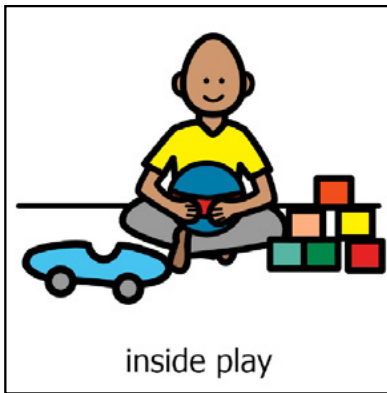
### TIP:

*First, Then* boards can be used flexibly. Educators can use photographs, miniature version of objects, actual objects, text or drawings.



**First**

**Then**



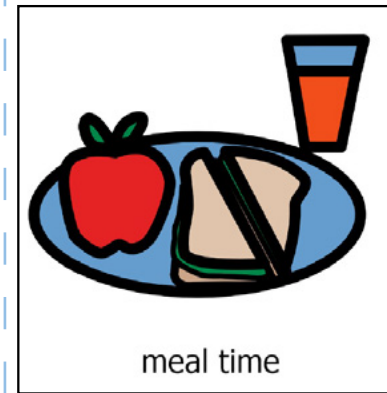
inside play



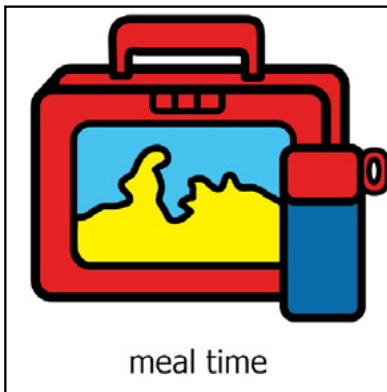
outside play



pack away



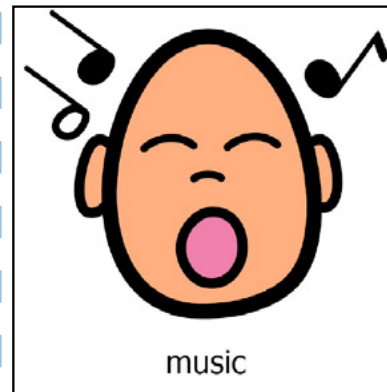
meal time



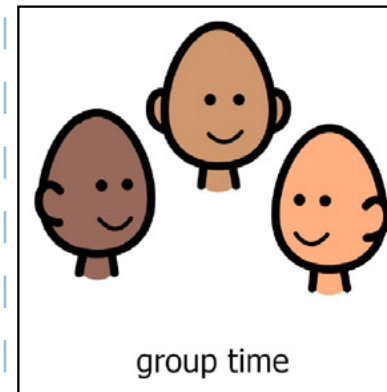
meal time



story



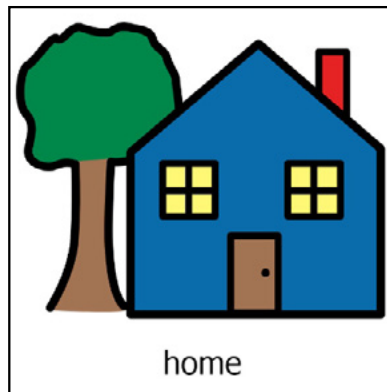
music



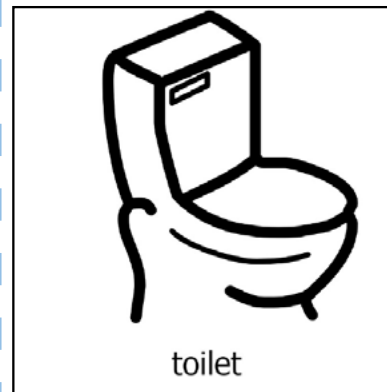
group time



rest time



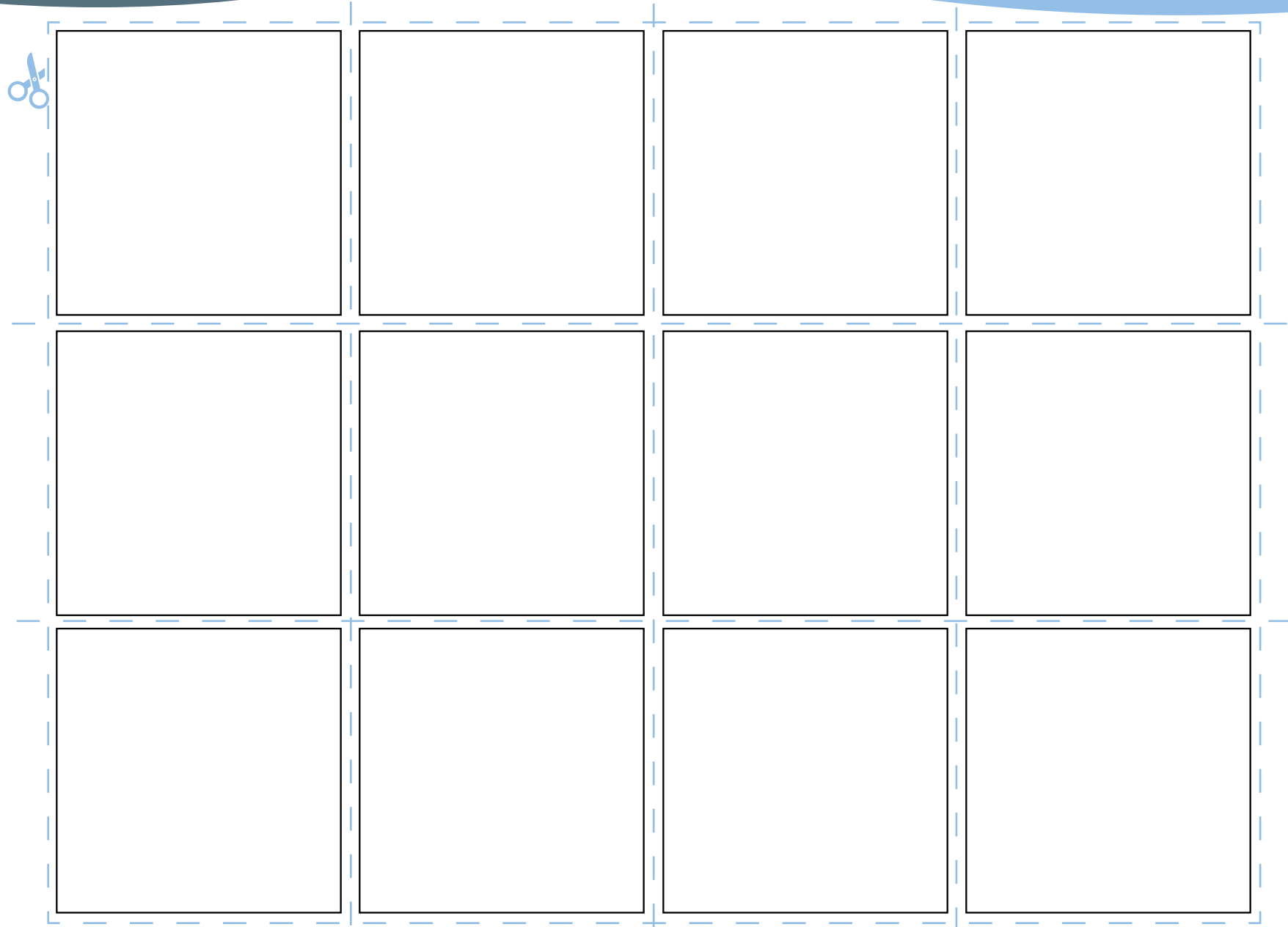
home



toilet



wash hands

A large grid consisting of 12 empty rectangular boxes arranged in 3 rows and 4 columns. The grid is defined by solid black lines for the individual boxes and dashed blue lines for the overall structure. A small icon of a pair of scissors is located in the top-left corner of the first box, indicating where to start cutting.