

First



Then



Tip Sheet & Printable Resources



'First / Then' Board

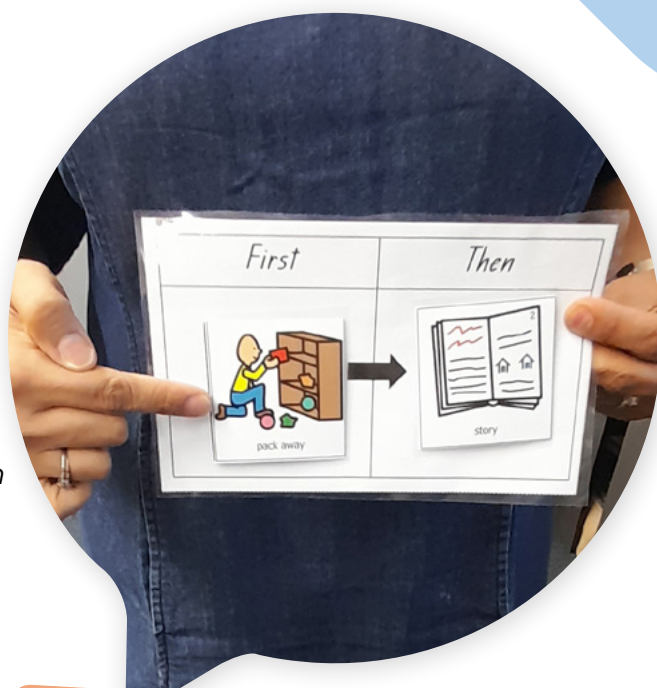
A 'First / Then' Board is a 2-step visual, showing a child what is currently happening and what is going to happen soon or next. It can be used to support transitions and routines.

Using visuals can support a child as they are a permanent instruction, rather than a verbal instruction that disappears once said.

How do I use a 'First / Then' Board?

Educators can use this visual across their activities and routines in all spaces. When an educators provide a verbal instruction they can also point to the visual (e.g. "First group time, then outside play"). Other terminology can be used if preferred such as 'Now / Next'.

'First / Then' Boards can be used flexibly to support various communication preferences. Educators can use text, icons, drawings or illustrations, photographs from your setting, miniature versions of objects, actual objects etc.



First



Wash hands

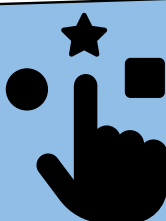
Then



Pack away



Writing



Choice

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Tips for making a 'First / Then' Board:

An example **ready-to-use 'First / Then' Board template and visuals** with generic illustrations and blank cut-outs can be found on the following pages. Use this as a guide or customise for your own setting or schedule/routine needs. See following tips for using these templates:

Backing board & visuals (page 3-4):

1. Print pages 3-4 and cut around the template guide marks.
2. Laminate the backing board and visuals.
3. Add velcro strips to the backing board and reverse side of the visuals to adhere.

Customisable visuals template (page 5):

1. Print page 5 and cut around the template guide marks.
2. Glue required photographs/visuals to the cut outs or, if using the resource digitally, you can click to insert images direct into resource prior to printing.
3. Laminate and velcro the visuals and use with backing board using above steps.



Scan QR code to view other resources, services and supports offered by Autism Queensland.

Autism Queensland is here to help—get in touch to learn more:



Email: css@autismqld.com.au

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'First / Then' Backing Board



First

Then



Sample Visuals

Print, cut, & use!



Inside play



Outside play



Pack away



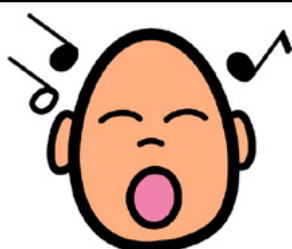
Meal time



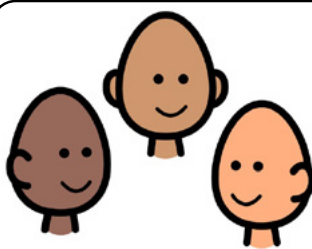
Meal time



Story/read



Music



Group time



Rest time



Toilet



Wash hands



Home time

Above illustrations are sourced from **My Boardmaker®**



Custom Visual Template

Customise, cut, & use!



