



CREATING AN 'ALL ABOUT ME'

PRINTABLE RESOURCE

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Research has shown the value of parents and educators working together to support a child.

An 'All About Me' document is an effective way to keep a record of discussions between parents and educators.

An 'All About Me' document can:

- Describe a child's interests and strengths that can be used to support learning in the environment.
- Provide information about the family and their goals.
- Outline strategies and environmental elements that will support diverse learners.
- Help educators to learn more about a child and their family, and to build strong connections.
- Support consistency by all educators. This may be especially valuable when there are several educators in a room, or there is inconsistent staffing.
- Support educators to explore how a child communicates.
- Support educators to explore when, why and how an adult can co-regulate with a child to support their emotional regulation.
- Contain information that can be used as the basis for a universal design strategy for inclusion within the learning environment.

Sample 'All About Me' Document can be found on page 2.

See page 3 for blank template.

This document has been designed for the Kindergarten Inclusion Program. This program is proudly supported by the Queensland Government through the Department of Education.



**Queensland
Government**

SAMPLE

All About Me

1 Child's Name & D.O.B.:

Eric Smith / 1 January 2017

Parents: Sarah Smith & John Smith

Child's photo:

2 What I like:



- I like dinosaurs
- I like cheese sandwiches
- I like riding my bike
- I like big squeezes from familiar adults
- I love painting
- I love watching Bluey

What I don't like:



- I don't like being wet
- I don't like it when a new adult comes into the room
- I don't like loud noises

3 What I'm good at:

- I can open my lunch box myself
- I can ride a 2-wheeler bike
- I can count to 20
- I can climb the fort



What I'm learning:

- I am learning about writing my name on paintings
- I am learning about joining a group at group times
- I am learning to look after all my belonging independently

4 Strategies that help me:

- I benefit from being with familiar, consistent adults
- I benefit from an adult preparing me when a change is coming up
- I really like 'what to expect' stories and will read them at home with mum and dad
- I like an adult being with me and helping me to ask a friend to play



5 How do I communicate with others? How can you communicate with me?



- I use gestures such as hand leading and some single words
- I like looking at pictures on your lanyard and this is a good way to help me understand a request
- I like it when you only use a few words and give me time to respond

6 When might I need help to regulate my body? What does this look like? How you can help me coregulate?



- I might stand too close to a peer and not understand that they don't want to play. You can help me by sitting beside me and helping both of us understand each other.
- I usually take my clothes off if I get wet. You can help me by having a towel nearby and helping me dry myself and put on new clothes.

7 Other important things to know about me:

My family is having a baby in October



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Parents:

Child's photo:

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What I don't like:



3 What I'm good at:

What I'm learning:



4 Strategies that help me:

5 How do I communicate with others? How can you communicate with me?



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